

THE UNIVERSE IN ME

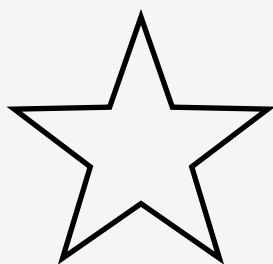
A Journey for Young Truth-Seekers

by DonDada The Resetter

Hello, Universe! I feel your light!

This book belongs to:

The universe sparkles with stars.

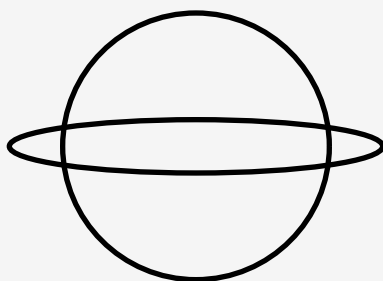


Trace the stars. Add more shining ones!

Hello, Universe! I feel your light!

Call: Stars!

I live on a planet in space.

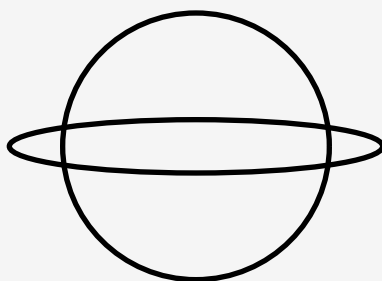


Trace Earth. Color land and water.

Hello, Universe! I feel your light!

Call: Earth!

The universe holds many planets.

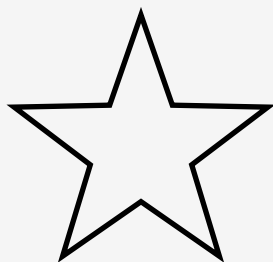


Draw rings, moons, or your own planet.

Hello, Universe! I feel your light!

Call: Planets!

The sun fills me with warmth.

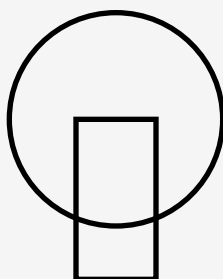


Draw rays around the sun.

Hello, Universe! I feel your light!

Call: Sun!

The Earth grows trees from starlight and soil.



Trace the tree. Add leaves.

Hello, Universe! I feel your light!

Call: Tree!

Water flows with the power of the universe.



Draw rivers and waves.

Hello, Universe! I feel your light!

Call: Water!

The wind is part of the universe in me.

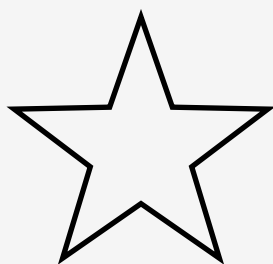


Trace the swirls of air.

Hello, Universe! I feel your light!

Call: Air!

The fire inside me glows bright.

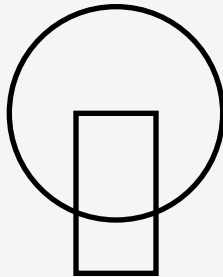


Draw flames and sparks.

Hello, Universe! I feel your light!

Call: Fire!

My body is strong like the Earth.



Draw roots and rocks.

Hello, Universe! I feel your light!

Call: Earth!

The universe is energy.



Draw spirals of energy.

Hello, Universe! I feel your light!

Call: Energy!

I feel the universe moving in me.



Draw waves of vibration.

Hello, Universe! I feel your light!

Call: Vibration!

The universe sings in frequencies.

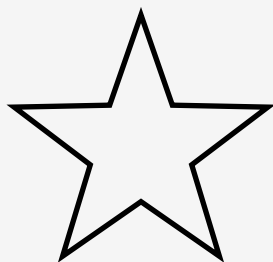


Draw sound waves or music notes.

Hello, Universe! I feel your light!

Call: Frequency!

The universe shines through me.

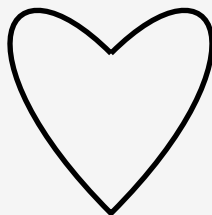


Draw beams of light.

Hello, Universe! I feel your light!

Call: Light!

Love is part of the universe in me.

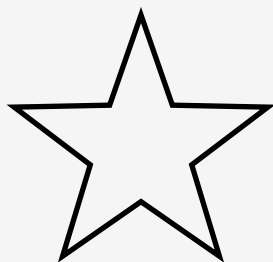


Draw hearts and stars together.

Hello, Universe! I feel your light!

Call: Love!

The universe gives me courage.



Draw yourself strong and bold.

Hello, Universe! I feel your light!

Call: Courage!

The universe makes me calm.

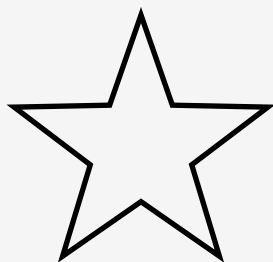


Draw still water or a gentle night sky.

Hello, Universe! I feel your light!

Call: Peace!

My imagination is as big as the universe.

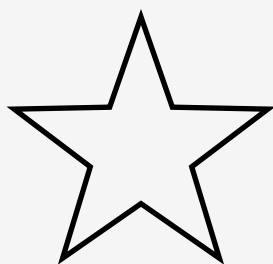


Draw your dream planet or galaxy.

Hello, Universe! I feel your light!

Call: Imagine!

The whole universe is inside me.



Draw yourself with stars inside.

Hello, Universe! I feel your light!

Call: Universe!

AFFIRMATION

I am made of stars.

I shine with light.

The universe lives inside me.

I am strong, loving, and free.

Hello, Universe! I feel your light!

Call: I Shine!

DRAW YOUR GALAXY

- 1) What is your element?
- 2) Draw your own galaxy inside you.
- 3) What makes your light shine?

Hello, Universe! I feel your light!

Call: Draw!

Caregiver Note

This book introduces children to the idea that the universe is not only around them, but also inside them. Through stars, planets, elements, energy, vibration, and frequency, children learn to explore their inner light. Each page blends story, art, and reflection to spark curiosity, confidence, and wonder.

Hello, Universe! I feel your light!

Call: Shine!

THE UNIVERSE IN ME

A Journey for Young Truth-Seekers

"The Universe in Me" takes children on a journey through stars, planets, and galaxies — and back into their own hearts. With coloring, drawing, and reflection prompts, kids don't just read this book — they create it. Each page invites imagination, builds confidence, and celebrates the cosmic light inside every child.

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