

■ Relationship Red Flag Decoder

A Quick Guide to Spotting Warning Signs Early

Love blinds us. Red flags aren't always obvious until it's too late.

This quick decoder helps you see the patterns before they break your heart.

Use it when dating, in new connections, or to audit your current relationship.

Top 10 Red Flags

1. **Inconsistent Words & Actions** — says one thing, does another.
2. **Avoids Accountability** — blames everyone else, never admits fault.
3. **Control Tactics** — isolates you, dictates how you act, dress, or spend.
4. **Hot & Cold Behavior** — love-bombs, then withdraws affection.
5. **Disrespectful Communication** — belittling, dismissing, or silent treatment.
6. **Financial Irresponsibility** — hides money, debt, or overspending.
7. **Unresolved Anger Issues** — explosive temper, scary reactions.
8. **Lack of Emotional Support** — unavailable when you need them most.
9. **History of Cheating/Disloyalty** — repeats same destructive patterns.
10. **Resistance to Growth** — refuses therapy, healing, or accountability.

My Red Flag Tracker

Situation I noticed:

What behavior showed up?

How did it make me feel?

Is this a one-time thing or a repeating pattern?

Closing / CTA

Red flags don't mean automatic endings — but they always mean **pay attention**.
When you decode early, you protect your time, your energy, and your heart.

■ Next steps:

- **Relationship Alchemy Book** — learn the truths behind real connections.
- **Relationship Alchemy Workbook** — 600+ questions to build clarity.

■ Join My Communities:

- **F*ck Broke Business Club** — build and scale your empire.
- **F*ck the Loop Society** — for the curious breaking free from illusions.
- **Savage Magneticians** — creators mastering manifestation.
- **Reset Haven** — free safe space for those struggling with love or life.
- **The Unf*ckwittables** — spiritual warriors building resilience.

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Whole love protects itself with whole truth.