

■ Herbs Ain't Universal — Mini E-Book Lead Magnet

By DonDada The Resetter

■ Introduction: Why Herbs Ain't Universal

Real talk — I lost years and money chasing rituals, baths, and hustlers who swore herbs were “universal.” Rose for love. Sage for cleansing. Cinnamon for money. I tried it all, and sometimes things got worse. More broke, more blocked, more drained.

That's when I woke up: herbs are not universal. They are coded — by planets, by culture, by lineage, by frequency. What feeds me as a Leo might burn a Pisces alive. What grounds a Taurus might bury a Gemini in heaviness.

This mini e-book gives you a taste of the full truth. Five sample chapters — raw, unfiltered, and sovereign. Enough to open your eyes. If you want the full book + workbook, you'll find them on my Stan Store: [dondadatheresetter](https://dondadatheresetter.com).

■ Chapter 1 — The Lie of “Universal Herbs”

They sell you the same five plants like fast food: sage, cinnamon, rose, lavender, mugwort. No matter your sign, no matter your ancestry.

The truth? That's control. Herbs are planetary. They are lineage-coded. Using them wrong doesn't just “not work” — it backfires.

Reflection Question: When has a ritual failed me — and did I blame myself instead of questioning the herb or timing?

■ Chapter 2 — Planetary Codes in Herbs

Every herb carries planetary contracts:

Rosemary → Sun (clarity, crown, leadership)

Bay Leaf → Jupiter (expansion, strategy, wealth)

Mugwort → Moon/Pluto (dreams, shadows, underworld)

If you burn rosemary on a Sunday (Sun's day), it clears envy and powers your aura.

Burn it on a Saturday Saturn hour, and it feels heavy. Same herb, different current.

■ *DonDada Teaching: "Herbs are instruments. Planets set the rhythm. Play off-beat and wonder why it sounds wrong."*

■ Chapter 3 — Spotlight on Leo (My Example)

As a Leo Sun (born in fire), my herbs need to crown, not cloud.

Power Herbs ■: Rosemary — clarity + aura reset. Sunflower — solar joy, protection.

Cinnamon — radiance, abundance.

Clash Herbs ■: Rue — Saturn herb, dims Leo shine. Mugwort — clouds the solar crown.

Mini Ritual: Write your goal on a bay leaf. Dress with cinnamon oil. Burn it safely on a Sunday morning. Result? Solar expansion, aligned with your crown.

■ *DonDada Teaching: "You are the Sun. Stop begging to be a candle."*

■ Chapter 4 — Cancer (Water & the Moon's Gate)

Cancer energy runs deep: emotions, womb, family, intuition. Herbs must soothe, not drown.

Power Herbs ■: Chamomile — gentle healer. Jasmine — psychic + sensual flow.

White Lily — womb + heart guard.

Clash Herbs ■: Cayenne — overheats emotional waters. Rue — cuts tides too harshly.

Mini Ritual: Brew chamomile + jasmine tea. Pour over your body in the shower. Say: “My waters flow clean.”

■ *DonDada Teaching: “You’re the ocean, not a sponge. Learn the difference.”*

■ Chapter 5 — The Shadow Side of Herbs

Every plant has a light and a shadow.

Too much cayenne? Anger, burnout.

Too much mugwort? Nightmares, paranoia.

Too much patchouli? Depression, heaviness.

Herbs don’t fail. They reveal. If you misuse them, they’ll show you your shadow before they bless you.

Reflection Question: Which herb do I overuse — and what shadow is it showing me?

■ Chapter 6 — Building Your Herbal Blueprint

The goal isn’t copying my map. It’s building yours.

Start with: Your Sun, Moon, Rising. Your ancestral herbs. The plants that feel “alive” in your hands. The ones that drain you.

Track them. Test them. Update as you grow.

■ *DonDada Teaching: “A sovereign don’t borrow maps. A sovereign makes maps.”*

■ Closing Word

This mini e-book is your first reset. The full Herbs Ain’t Universal book goes deep: 20 raw chapters exposing hustlers, colonizers, corporations, and the lies about herbs. The Workbook guides you step-by-step through your own blueprint. The Zodiac Herbal Book builds your personal herb map sign by sign.

■ Find them all at my Stan Store: [dondadatheresetter](https://dondadatheresetter.com)

■ Remember: you were never broken. You were always empire.