

Free Library Guide #005

Personal Goal Planner

DonDada The Resetter™

A Quick Transformation Guide • Free Library

Welcome

Goals become easier to achieve when they are clear, meaningful, and connected to daily action. This guide will help you move from wishing to planning by creating a simple roadmap you can begin using today.

DonDada Quote

"A dream becomes a direction when you give it a plan." — DonDada The Resetter™

The Goal Planning Framework

1. **Vision** – Describe what you want to accomplish.
2. **Why** – Identify why this goal matters to you.
3. **Milestones** – Break the goal into smaller steps.
4. **Obstacles** – List what could slow you down and how you'll respond.
5. **Action** – Choose one task to complete within 24 hours.

Real-Life Example

Instead of saying, 'I want to get healthier,' define one measurable step such as walking for 20 minutes three times this week. Small, specific actions build momentum.

Your Goal Workbook

- What is my most important goal right now?
- Why is this goal important to me?
- What are my first three milestones?
- What action will I complete today?

3-Day Goal Challenge

Spend the next three days completing one meaningful action toward your goal each day. Record what you accomplished and what you learned.

Key Takeaways

- Clear goals create clear decisions.
- Progress is built through small daily actions.
- Planning reduces procrastination.
- Consistency creates results.

Continue Your Reset

Mindset: Mindset Reset Starter

Business: Business Vision Blueprint

Emotional Wellness: Emotional Awareness Starter

Productivity: Morning Reset Routine

Continue Your Journey

Free Library – Explore resources across many categories.

Individual Libraries (\$11/month each) – Dive deep into one subject.

Creole Library (\$25/month) – Personal development resources in Haitian Creole.

All-in-One Library (\$55/month) – Includes every \$11/month library plus standard online courses.

VIP Membership (\$250/month) – Includes the All-in-One Library, premium online courses, and one private consultation each month.

Resetter's Inner Circle (\$500/month) – Includes everything in VIP, the exclusive Emotional Reset Library, and four private consultations each month.

Library Information

Series: Starter Guides • Guide #005 • Reading Time: 10 Minutes • Beginner